



ASD adult treatment

From ideal to practice

Contents

- 2 different organization formats:
- ECO MoleMann (Leeuwarden, The Netherlands)
- DIASS (West Flanders, Belgium)
- Organization format for Aruba?

Ideal ASD-treatment

- ECO MoleMann (since may 2007)
- Center designed to implement the best possible treatment of AD(H)D, ASD and Acquired Brain Injury in 3 northern dutch provinces.
- History: extended form of private practice M. Santana (1999-2006)
- MoleMann embraced and supported the ECO- concept

MoleMann?

Mental Health Clinics

- Founded 1995
- Nico Moleman+ Ronald Mann= MoleMann
- Family-therapy/ family- theory-Based
- Non-specific factors important
- With the patient, not about the patient
- Fastest way to recovery, to mental health
- General psychiatry (children and adults) clinics
- Relatively small teams (max. 10 employees)
- Psychiatrist is manager of the team

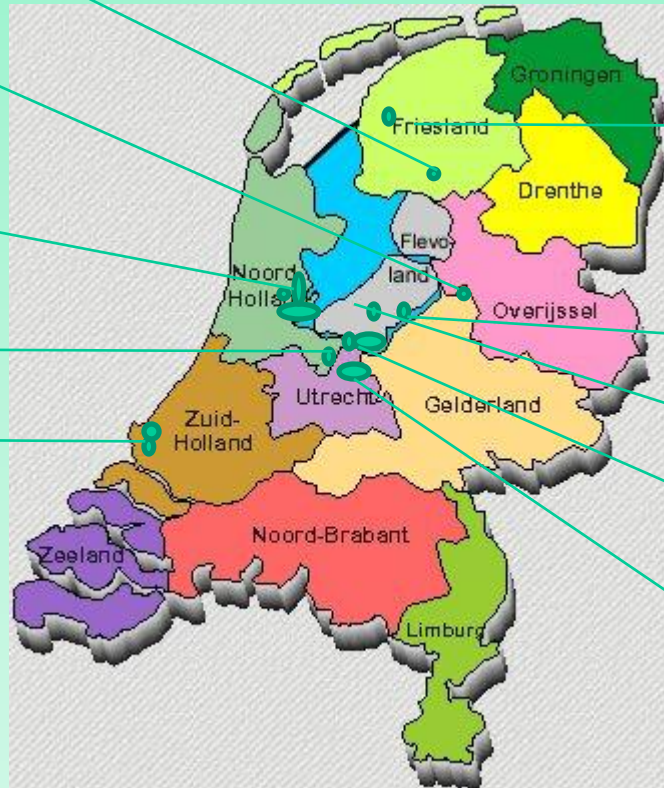
Heerenveen

Apeldoorn

Amsterdam (3)

Maarssen

Rotterdam (2)



ECO MoleMann

Amersfoort

Almere (3)

Huizen

Hilversum

MoleMann MHC

“Samen met de patiënt en zijn dierbaren zoeken naar de snelste weg tot herstel.”

Sinds 2009 is ook in Paramaribo, Suriname een behandelcentrum gevestigd onder de naam Stichting MoleMann Mental Health Clinics.

Wat wij bieden

In Suriname kunnen kinderen, adolescenten en volwassenen met psychische problemen behandeld worden door professionele in Nederland opgeleide therapeuten.

Voorbeelden van klachten die bij MoleMann behandeld worden zijn:

- depressieve en angstklachten
- eetproblematiek
- rouwproblematiek
- relatieproblematiek
- opvoedingsproblematiek
- gedragsstoornissen
- ontwikkelingsstoornissen (ADHD, PDD-NOS).

Behandelingen kunnen zowel individueel als in groepsverband plaats vinden (samen met anderen met soortgelijke klachten), dit wordt in overleg met u bepaald. garantiebrief van uw huisarts of tijdens het eerste gesprek.

Samenwerking

MoleMann Suriname werkt met verschillende instanties samen zoals:

- Mensana, een praktijk voor fysiotherapie en diëtetiek
- Het Psychologencollectief, een samenwerkingsverband dat trainingen, coaching en intervisie aanbiedt
- Stichting PCOS, een stichting die zich inzet voor verbetering van het onderwijs



Amsterdam Noord



Amsterdam Zuid



Almere Stad

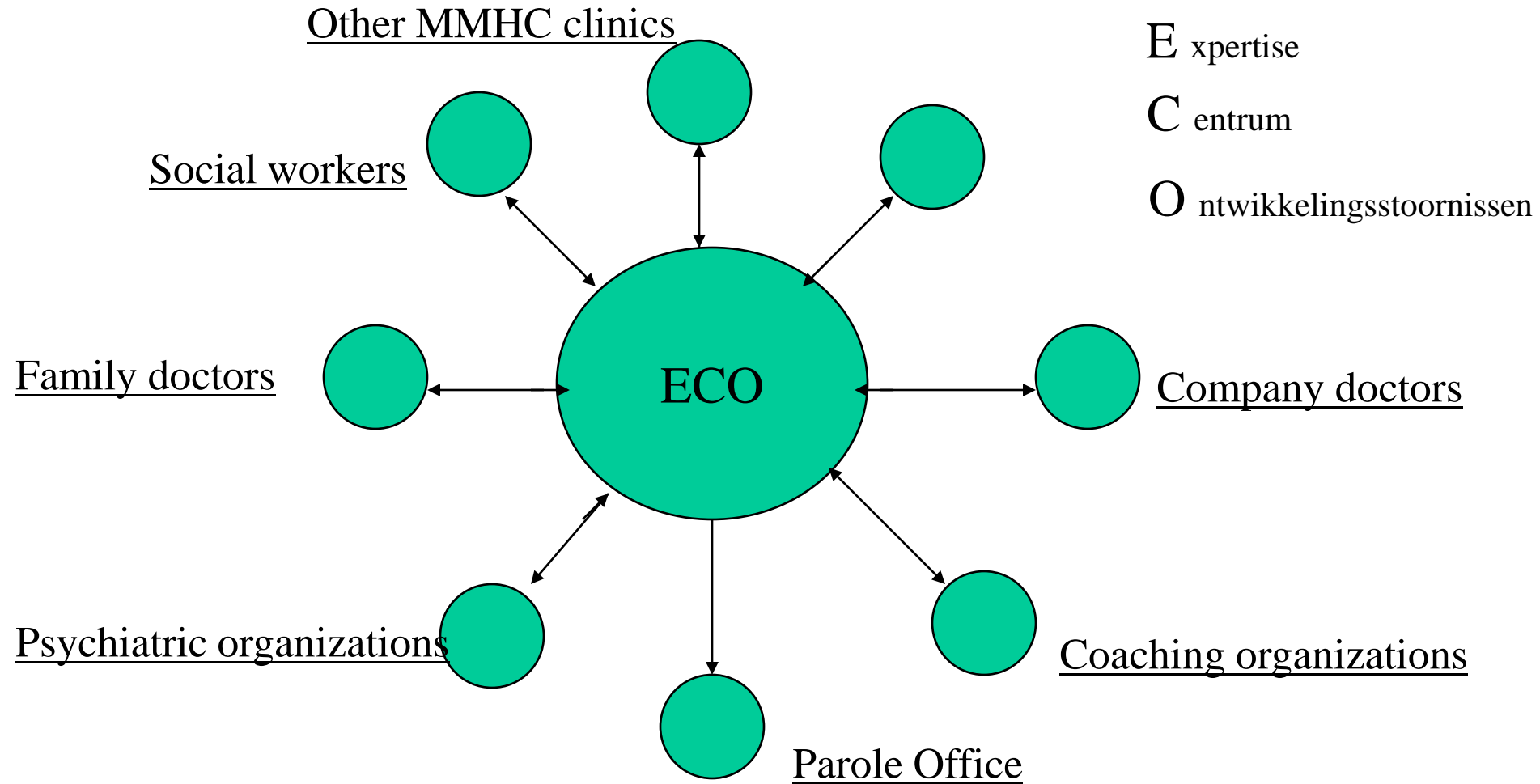


ECO MoleMann



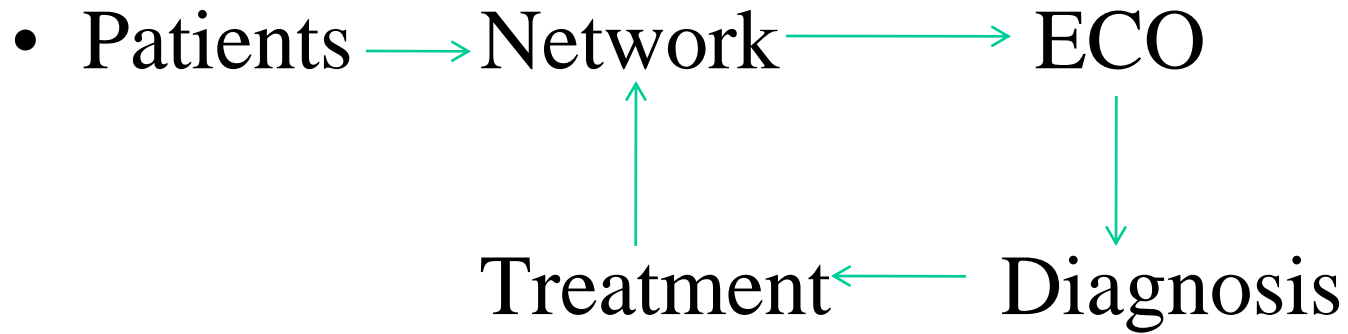
Almere Buiten

ECO and Network



ECO=Expert Center for Developmental Disorders

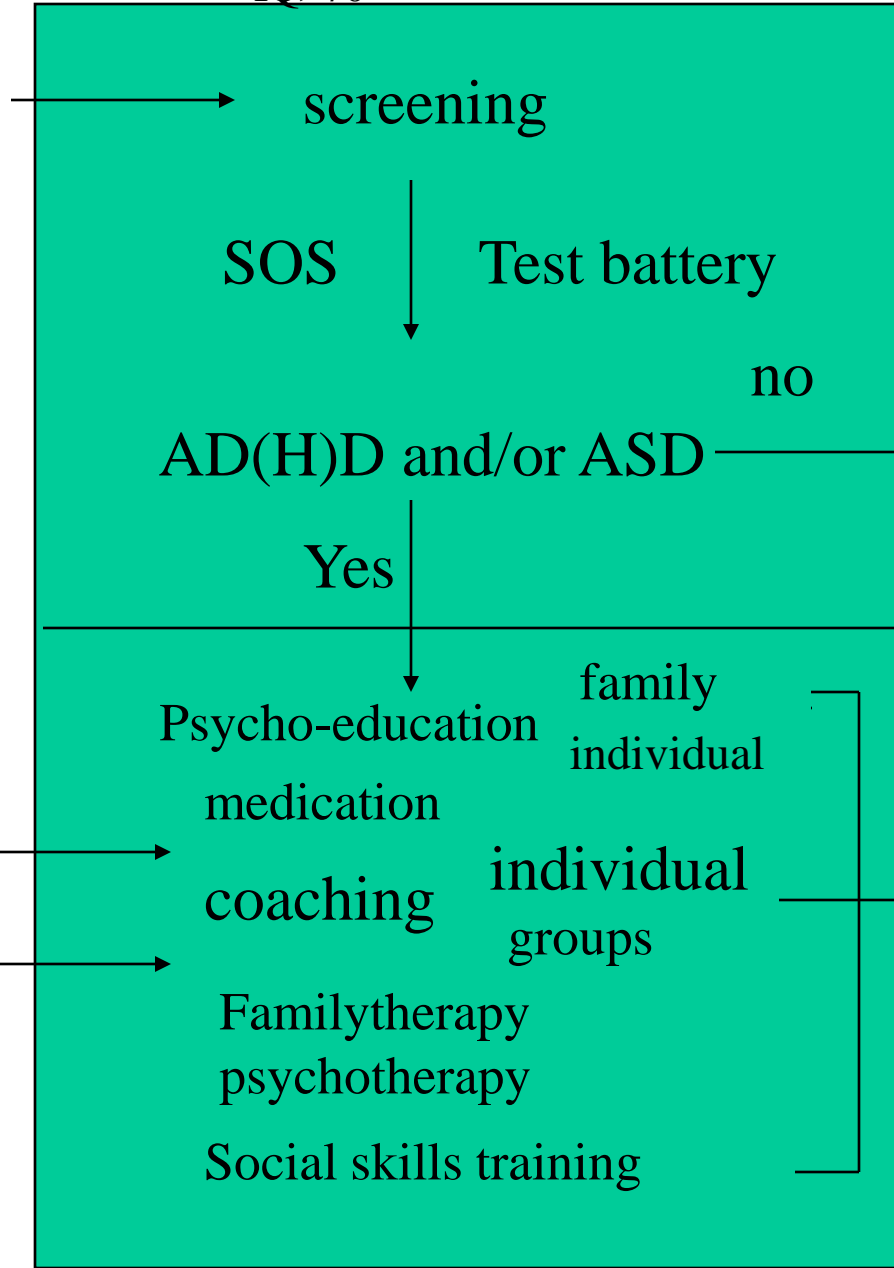
The ECO way



ECO MoleMann
Patients 2-85 years old
IQ>70

Developmental
disorder program

Netzwerk



AD(H)D and/or ASD

Netzwerk

MMHC general psychiatry

Yes

Psycho-education

family
individual

medication

coaching

individual
groups

Familytherapy
psychotherapy

Social skills training

ABI

Netzwerk

Known ptnts

Turnover

- Waiting list: 3 months
- 40-50 new patients per month screened
- 15-20 new patients/ week diagnosed
- Agenda's are linked: intaker+ psychiatrist
- 400-600 patients treated every week
(groups/individuals/ families)

Expert Team

- 14 employees
- 1 chief-psychiatrist
- 2 assistant MD's
- 3 psychologists (2 psychotherapists)
- 2 family therapists
- 2 adult coaches
- 2 child coaches/nurse practitioners
- 1 child-psychiatrist 2 days/ week
- 2 frontdesk employees
- Team thoroughly trained in diagnostics, psycho-education and treatment- modules

Network (3 provinces)

- Family doctors (450)
- Private psychiatrists (40)
- Psychotherapists (150)
- Psychiatric organizations (10)
- Company doctors
- Coaching organizations (10)
- Social workers organizations (5)
- Child welfare organization
- Parole office
- 16 other MoleMann-clinics

ECO diagnostics

- Diagnostic tool (S.O.S.)
- Special Test battery

SOS

(= screening developmental disorders)

- Method developed since 1999 (evidence + experienced based)
- Semi structured interview
- Diagnosis AD(H)D and/or ASD with/without comorbidity
- Developmental interview is keystone
- Interview+ diagnosis in less then 3 hours

The SOS

-
- Screeningslijst Ontwikkelingsstoornissen
-
- Onderzoeker:
- Onderzoeksdatum/data
- Inhoudsopgave:
- **Personalia** (Onderzochte, steungevers, verwijzer)
- **Verwijsvraag**
- **Hulpvraag**
- **Hoofdklachten:** anamnese en hetero-anamnese.
- **Contacten met instanties:**
- **Uitslagen/bevindingen** van vroegere datum:
- **Sensitiviteitsanamnese**
- **Biografie:**
- **Ontwikkelingsanamnese**
- **Psycho-sexuele anamnese**
- **Medische gegevens:**
- **Psychiatrisch onderzoek**
- **Psychologisch onderzoek (optioneel)**
- **Checklist**
- **Conclusies**
- **Classificatie volgens DSM IV-TR**
- **Behandelplan**

ECO testbattery

- WAIS-III
- BADS
- AQ-test
- Stroop
- Bourdon-Wiersma
- TMT
- TAT
- SCID-II Interview

- *NEO-PI-R
- *UCL
- *SCL-90

ECO test battery

- Goals:
- Differential diagnosis (e.g. ASD or low IQ?)
- Highlight or challenge diagnosis
ASD/AD(H)D if necessary
- Compensation ASD/ ADHD through
intelligence?
- IQ-profiles: job/ study advice
- Comorbid personality disorder?

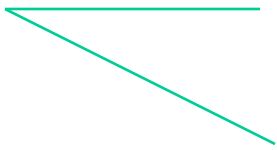
Treatment modules

- Psycho- education
- Medication
- Coaching
- Family-therapy
- Psychotherapy

Treatment modules

- Medication
- State of the art treatment of AD(H)D/ASD and comorbidity
- AD(H)D: 13 stimulants + non stimulants,
- combinations with other med.
- ASD: SSRI, SNRI, TCA, modern antipsychotics, stimulants, combinations

Treatment modules

- Coaching  individual
group

Treatment modules

Individual Coaching:

- exploration coachability
- Short term coaching
- Long term coaching=coaching through network

- Group
- ASD coaching group
- AD(H)D coaching group

Treatment modules

- 2 Therapy groups ASD Social Skills

Treatment modules

- Family therapy (family/partner relation)
- With emphasis on ‘handicap- model’:
- ASD: emphasis on ‘ASD-communication’

- Individual psychotherapy
- Cognitive behavioral based

DIASS

An alternative strategy

DIASS

- Diagnostic Center Autism in Belgium (West Flanders)
- Since may 2007
- Founder: A. Degezelle (Consultation Bureau Brugge)
- Advisor: M. Santana
- Goals:- to diagnose ASD-adults
- -to facilitate ASD treatment

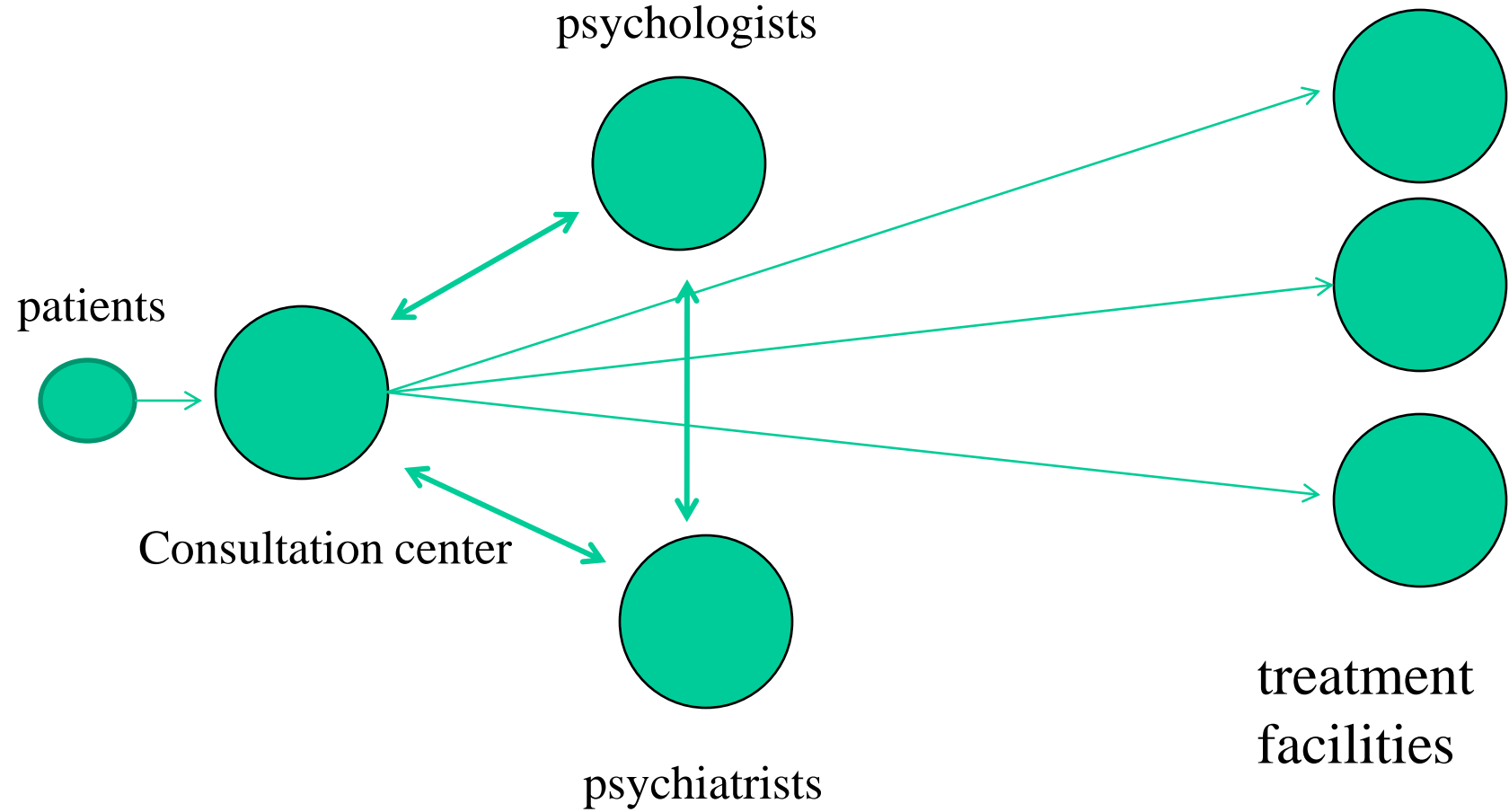
Brugge



DIASS

- DIASS consists of 3 ‘blood groups’:
- Welfare organizations in 7 cities of West Flanders (Consultation Bureau’s)
- 3 psychologists (Psychology Center Roeselare)
- 2 psychiatry- private practices

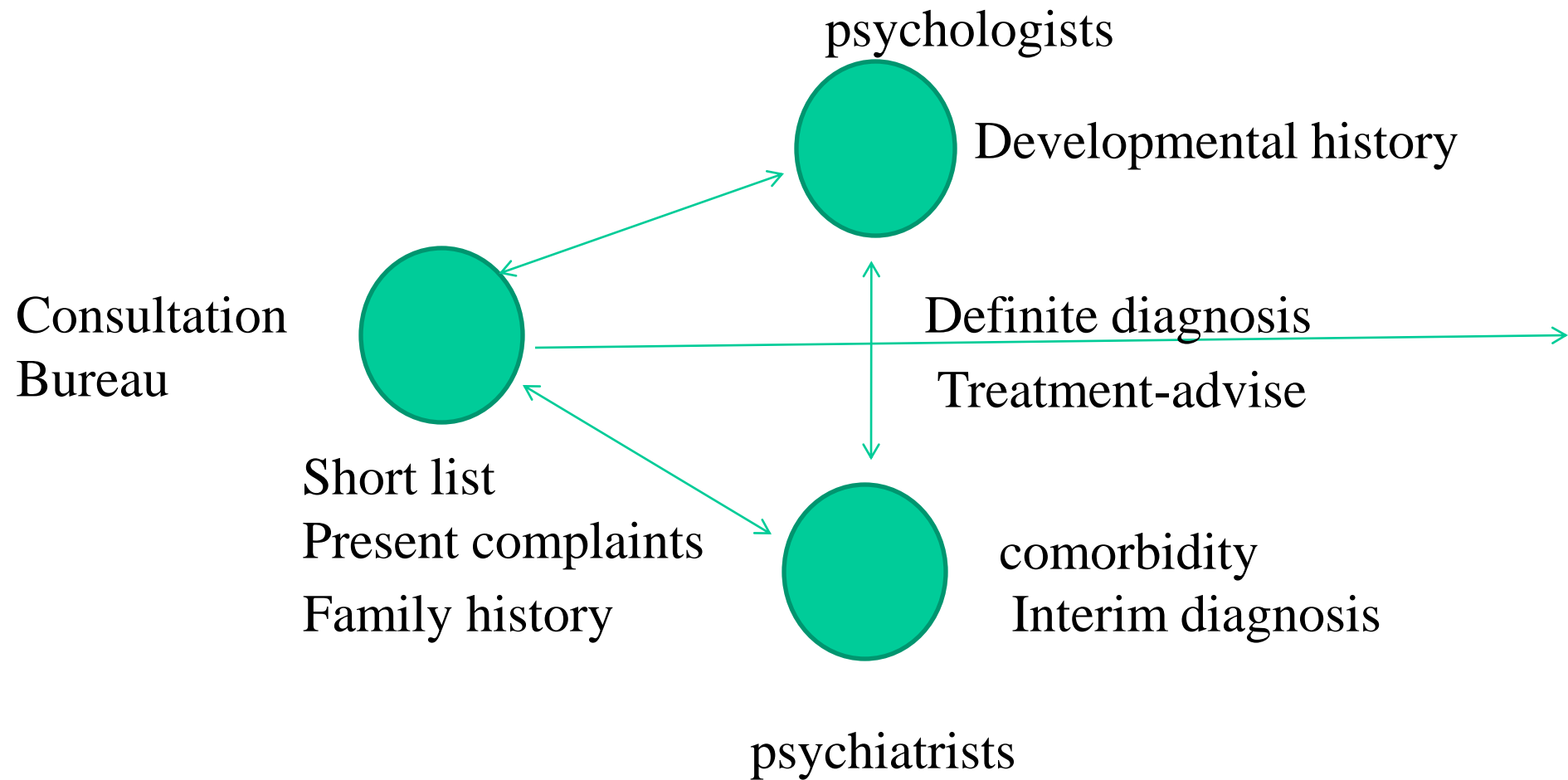
DIASS



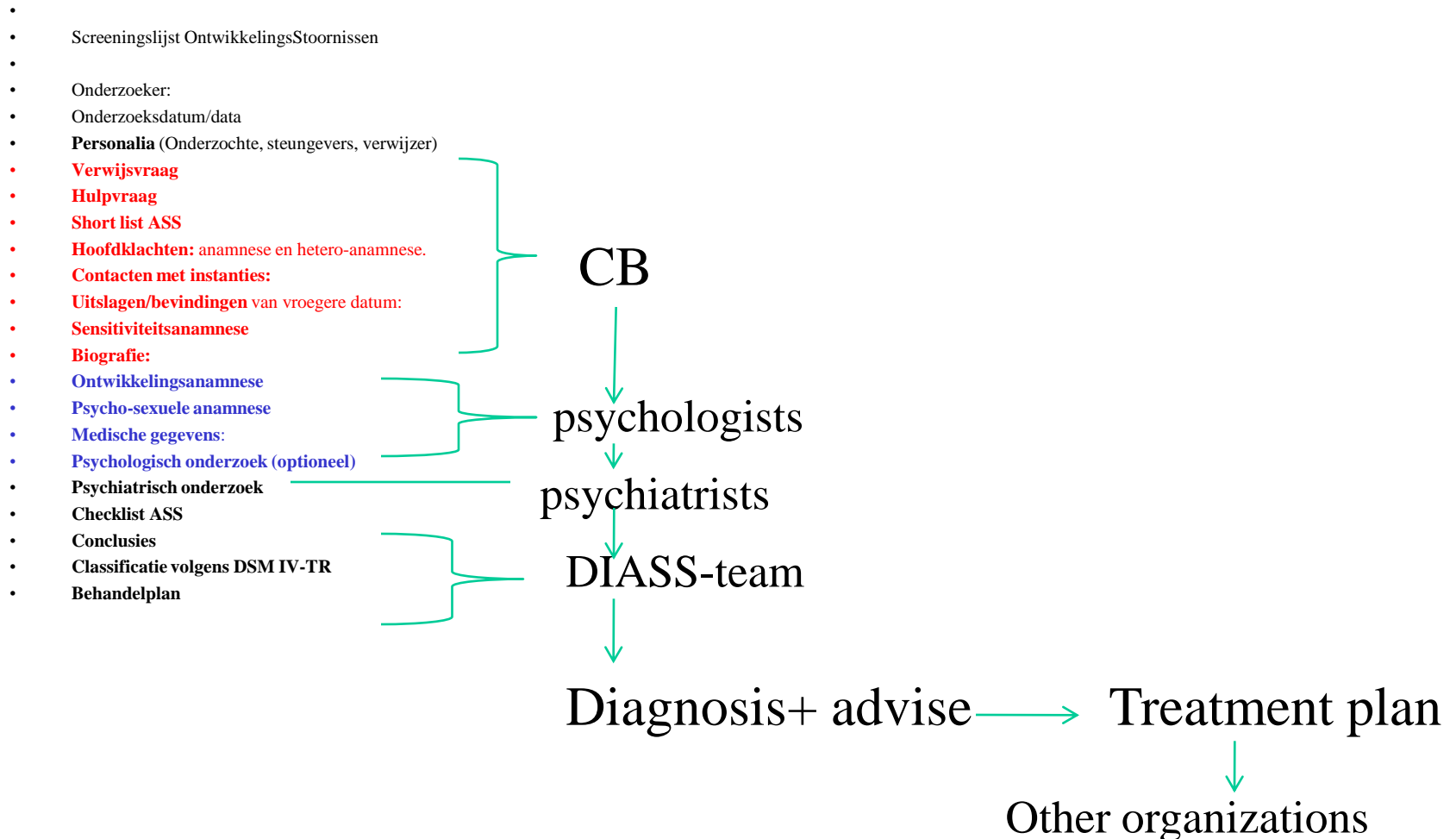
Diagnostical basis DIASS

- Part of the SOS: ‘Screening ASD- list’
- Screening- list cut into pieces:
- **Short list+ present complaints+ family history...Consultation Bureaus (1)**
- **Developmental history...psychologists (2)**
- Interim diagnosis(+comorbidity)
psychiatrists (3)
- Definite diagnosis: DIASS team (1+2+3)
- 1 is chairman

DIASS



The SOS (ASD-list)



DIASS-turnover

- 3 new patients per week screened
- 10 new patients per month diagnosed

Summary

- ECO is a diagnostic and treatment center with close contacts to a network of different organizations
- The network directs patients to ECO for specialized diagnoses, psycho-education and specialized short term treatments
- ECO directs patients to the network for long term support, long term coaching and long term medication

DIASS

- DIASS = **diagnostic** Center
- =network-organization
- Treatment **advise** is given
- Relatively low turnover
- Other organizations provides treatments (throughout Belgium)

Advices for Aruba

- Aruba has psychiatrists, family doctors, psychologists, orthopedagogues and social workers
- Fundacion Autismo is an organization of ASD-parents; giving information about ASD is important goal

Advices for Aruba

- In the Netherlands/ Belgium not all medical/ psychological and other professionals know enough about ASD.
- But there are experts and there is the wish to cooperate
- There are congresses/ trainers
- There are professional-networks
(CASS..Netherl /ASSEN ...Belgium)

Advices for Aruba

- Spread knowledge about (the existance of) ASD, especially in normal intelligent children and adults (Fundacion Autismo)
- Establish a network of professionals (in Netherlands ASSEN; Belgium SEN)
- Organize lectures/meetings for the network on regular basis

Advices for Aruba

- Form a small diagnostic team (social worker/ psychologist/ psychiatrist)
- Make use of (a) diagnostic tool(s)
- Contact political decision-makers and insurance (AZV)
- Establish treatment facilities (psycho-education/ social skills/ coaching/ medication) for adults

Advices for Aruba

- Make contact with region (Curacao/ Bonaire): possibilities to share knowledge and facilities?
- Make contact with Dutch network of professionals and with NVA (Nederlandse Vereniging voor Autisme): share knowledge and experience about implementation of diagnostic- and treatment facilities.